

# Quest Packing List

1. Bible
2. Light jacket or sweat shirt – nights can be cool.
3. Swim suit – girls will need to bring one piece suit or wear t-shirt over two piece suit.
4. Beach towel
5. Suntan lotion
6. Jeans and shorts – no short shorts please!
7. Bathroom stuff
8. Bug spray – remember you will be in Wisconsin where the state bird is the mosquito!
9. Flashlight
10. Medications – these will be kept in the nurses office including over-the-counter medicines. *\*\*All prescription medication should be brought in its original container. This is a state requirement.*
11. Spending money for crafts, snacks and souvenirs – \$30-40
12. Alarm clock

\*The following items are optional – tennis racquet, fishing pole, ball glove.

\*MP3 players must be kept in your room. Please only bring music that is uplifting to God.

\*When choosing the clothing you will bring please choose shirts and pants that are appropriate for a Christian environment.

\*Sheets, pillow and bath towel is provided.